

## Use myCigna®

### 24/7 access to your coverage information

- Access your Cigna Healthcare<sup>SM</sup> ID card online
- Find out how much your medication costs
- See which medications your plan covers
- Find an in-network pharmacy
- Order, manage, track and pay for your home delivery prescription orders<sup>1</sup>
- Ask a pharmacist a question
- See your pharmacy claims and coverage details

### Get medications sent to your home with Express Scripts® Pharmacy

Home delivery is simple and safe – and saves you trips to the pharmacy

- **Easily order, manage, track and pay for your medications** on your phone or online
- Standard shipping at **no extra cost**<sup>2</sup>
- Fill up to a **90-day supply** at one time<sup>3</sup>
- **Helpful pharmacists** available 24/7
- **Automatic refills** or refill reminders so you don't miss a dose<sup>4</sup>
- **Flexible** payment options

To learn more, go to [Cigna.com/homedelivery](https://Cigna.com/homedelivery).

# Your pharmacy benefit



## Contact us

Express Scripts® Pharmacy  
**800.835.3784**

Accredo®  
**877.826.7657**

Customer service – 24/7

• By phone:  
**800.Cigna24 (800.244.6224)**  
**or the number on your ID card**

• Click to chat:  
**myCigna.com®**,  
**Monday-Friday, 9:00 am-8:00 pm EST**

## Use Accredo to help manage a complex medical condition

Get the personalized care and support you need to manage your therapy

- **24/7 access** to specialty-trained pharmacists and nurses
- **Personalized** care services
- **Manage your medications online** and track your orders
- Fast shipping, **at no extra cost**
- **Easy refills** and free reminders
- Help you **find ways to pay** for your medications

To learn more, go to [Cigna.com/specialty](https://Cigna.com/specialty).



Offered by: Cigna Health and Life Insurance Company, or its affiliates. In Utah, plans are offered by Cigna Health and Life Insurance Company.

1. Not all plans offer Express Scripts® Pharmacy and Accredo as covered pharmacy options. Log in to the myCigna App or myCigna.com, or check your plan materials, to learn more about the pharmacies in your plan's network. Cigna Healthcare maintains an ownership interest in Express Scripts® Pharmacy's home delivery services and Accredo's specialty pharmacy services. However, you have the right to fill prescriptions at any pharmacy in your plan's network. You won't be penalized regardless of where you fill your prescriptions.

2. Standard shipping costs are included as part of your prescription plan.

3. Certain medications may only be packaged in less than a 90-day supply. For example, three packages of oral contraceptives equal an 84-day supply. Even though it's not a "90-day supply," it's still considered a 90-day prescription.

4. Express Scripts® Pharmacy can automatically refill certain medications. Log in to the myCigna App or website, or call 800.835.3784, to sign up. You can sign up to get emails and/or texts from Express Scripts® Pharmacy. To get text messages, you'll have to sign up for Express Scripts' texting service. You can do this online or when you call 800.835.3784 to refill your prescription. Once you sign up, simply reply to their welcome text to get started. Standard text messaging rates apply.

### Para obtener ayuda en español llame al número en su tarjeta de Cigna Healthcare.

Product availability may vary by location and plan type and is subject to change. All group health insurance policies and health benefit plans contain exclusions and limitations. For costs and details of coverage, review your plan documents or contact a Cigna Healthcare representative.

Cigna Healthcare products and services are provided exclusively by or through operating subsidiaries of The Cigna Group, including Cigna Health and Life Insurance Company (Bloomfield, CT) (CHLIC), Connecticut General Life Insurance Company, Express Scripts, Inc., or their affiliates, and HMO or service company subsidiaries of Cigna Health Corporation, including Cigna Healthcare of Arizona, Inc., Cigna Healthcare of California, Inc., Cigna Healthcare of Colorado, Inc., Cigna Healthcare of Connecticut, Inc., Cigna Healthcare of Florida, Inc., Cigna Healthcare of Georgia, Inc., Cigna Healthcare of Illinois, Inc., Cigna Healthcare of Indiana, Inc., Cigna Healthcare of St. Louis, Inc., Cigna Healthcare of North Carolina, Inc., Cigna Healthcare of New Jersey, Inc., Cigna Healthcare of South Carolina, Inc., Cigna Healthcare of Tennessee, Inc. (CHC-TN), and Cigna Healthcare of Texas, Inc. In Utah, all products and services are provided by Cigna Health and Life Insurance Company (Bloomfield, CT). Policy forms: OK – HP-APP-1 et al., OR – HP-POL38 02-13, TN – HP-POL43/HC-CER1V1 et al. (CHLIC); GSA-COVER, et al. (CHC-TN).